

**Awareness Programme on  
'Voluntary Blood Donation & Anemia'**

**Organized by**

**UGC WOMEN'S STUDIES CENTRE**

**30<sup>th</sup> January, 2023**

An awareness programme on 'Voluntary Blood Donation & Anemia' was organised by UGC Women's Studies Centre. The resource persons are Prof. Kalyan Chakravarthy, Central Lab Director & Co-ordinator –Medical Education Unit and Dr.Jasmine Sultana from Pinnamaneni Siddhartha Institute of Medical Sciences.

**Objectives:**

- To create awareness on Blood Donation.
- Pros and Cons of Donating Blood
- Detailed awareness on Anemia
- To alert the students to maintain healthy and balanced diet to enhance their blood levels.
- To make the students aware of their blood group and blood count.

In this session the Resource persons gave a detailed explanation on Importance of blood in human life. They erased the myths and cleared the facts about donating blood. They stressed the fact that donating the blood saves the lives of many.

Also Dr. Jasmine Sultana alerted the girl students to maintain and look after their blood levels which lead to Anemia. She interacted with the students about their lifestyle, healthy habits and shared her experiences as a working woman to maintain a balanced life.

A Blood Grouping programme was organised in which HB Test was done to the students to check their Blood Group and Blood Count. A counselling session was done to the students who were Anemic about how to increase their blood levels.

**Outcomes :**

- Students were aware of their blood levels so that they can take necessary precautions to prevent Anemia.
- They can educate the people in and around them.
- Students can change their lifestyle and maintain a healthy and balanced life.
- They can now maintain their stress levels and move on.

**Photo Gallery**



**Dr. Jasmine Sultana, Pinnamaneni  
Siddhartha Institute of Medical  
Sciences**

**Prof. Kalyan Chakravarthy, Central  
Lab Director & Co-ordinator –  
Medical Education Unit**



**Staff and Students at the  
Programme**



## Haemoglobin Test



## Felicitation to the Resource Persons



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30<sup>th</sup> January, 2023



Resource Person

**Prof. Kalyan Chakravarthy**

Dept. of Pathology,  
Central Lab Director &  
Co-ordinator-Medical Education Unit

M.B.B.S, M.D (Pathology)



Resource Person

**Dr. Jasmine Sultana** M.B.B.S & M.D

Pinnamaneni Siddhartha Institute of Medical Sciences,  
Gannavaram



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